

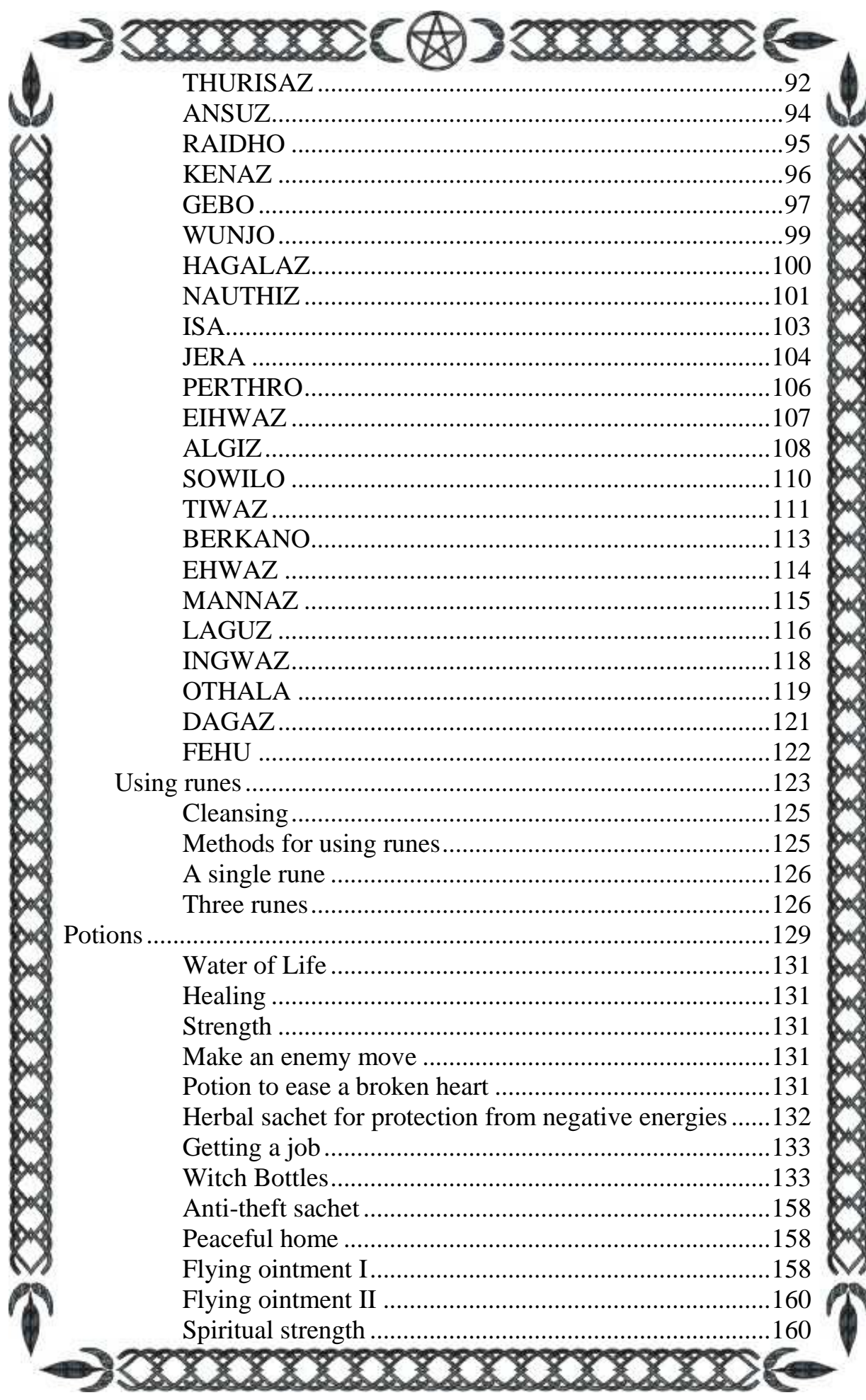


CONTENTS

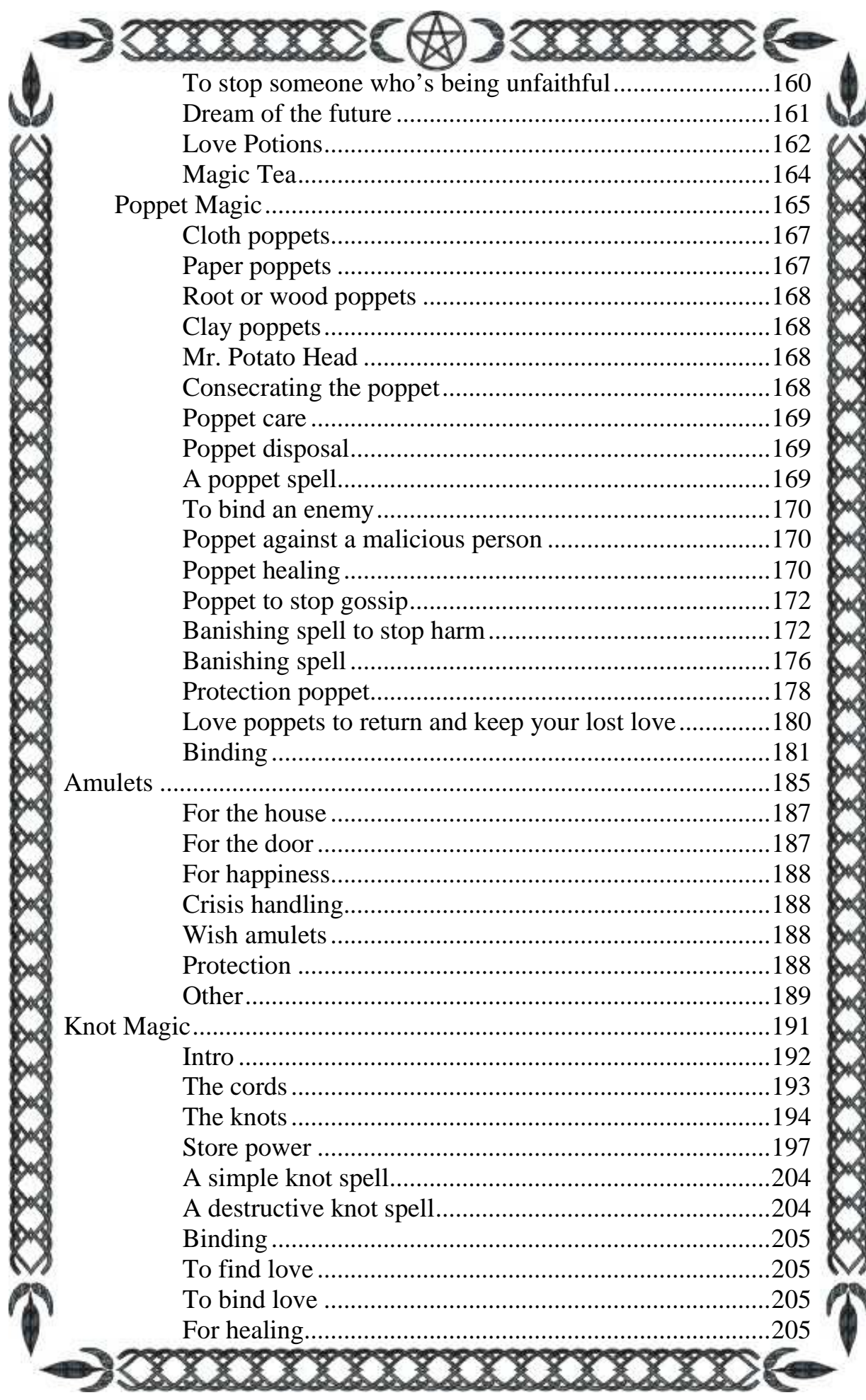
Spells	11
Spell design	13
Binding a spell (classical version)	16
Make a spell work	16
Basic love spell.....	16
Protective chant	17
Mirror protection spell for the home.....	17
Break the power of a spell.....	18
Protect something.....	18
Money Tree spell.....	19
Contacting a friend.....	20
Apollo's energy spell	21
Promote psychic dreaming	22
Prosperity spell.....	22
Reverse a spell cast on you	23
Wish spell.....	24
Break a habit.....	24
Enchant a book.....	24
Loose weight	24
Mirror spell.....	26
Rune candle spell	26
Candle spell for healing	26
For a general state of good health	26
Good luck blessing for troublesome situations	27
Protection spell.....	28
Magical relief of headaches	29
Knot spell	30
Self-improvement spell	30
Help heal depression	31
Help in times of financial difficulties	31
Three wishes in a box.....	31
Blessing a new relationship.....	32
Heal a friendship	32
Bring adventure into your life	33
Protection from nightmares.....	33
Quiet a noisy house	33
For a peaceful home	33
To attract customers and visitors	33
To lose your troubles.....	33
To bring certain influences into your life.....	33

To make your journeys go well.....	34
Financial luck	34
To see your future love	35
Fairy Guardians	35
Norwegian spells	37
Når noen har tråkket skjevt	39
For at vepsen ikke skal stikke	39
Å løse vepsen igjen	39
Lindre vepsestikk	39
Å ikke bli full	39
Mot blåmerke	39
Få alle i et hus til å danse	40
Gjøre uvenn svarsløs	40
Verneord på runeamulett.....	40
Mot tannpine	40
Mot tannpine	40
Mot tannpine	41
Stemme blod.....	41
Generell trylleformel.....	41
Mot feber	41
Trylleformel mot ringorm	42
For de elskovssyke	42
Beskyttende	42
Være gjeldfri	42
For godt vær	43
For lykke på reisen	43
Å stille regn	43
Ved brødbaking	43
Fjerne onde krefter	43
Swedish spells.....	45
Avada kedavra.....	47
Till skydd för din Grimoire	47
Huvudvärk.....	47
Stämma blod.....	47
Stämma blod.....	47
Mot vrickning.....	48
Ormbett.....	48
Tandvärk.....	48
Kalla andar (onda).....	48
Blåkullaformeln.....	49
Ropa sanket till sig	49
Sätta liv i en puke	49

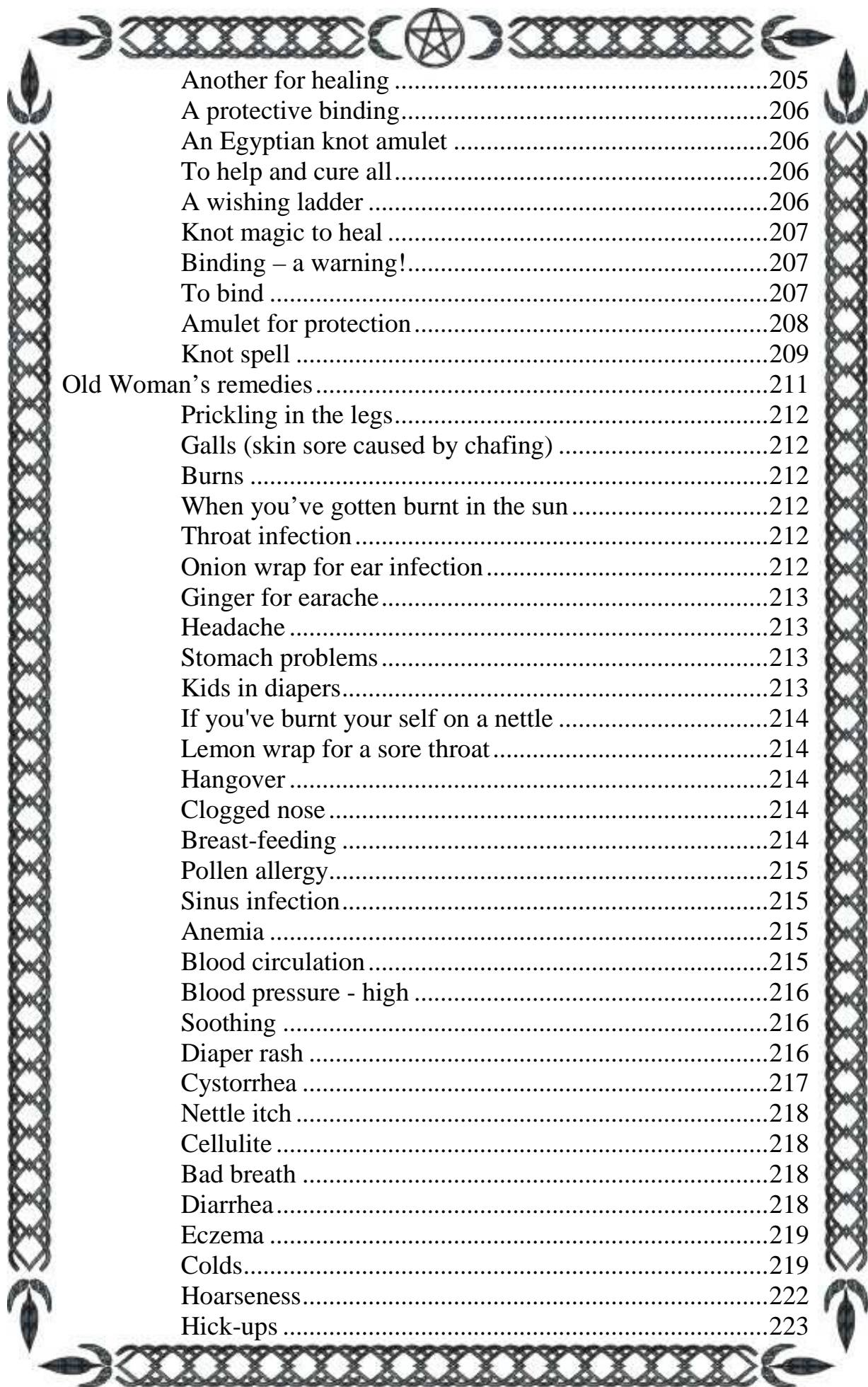
	För kärlekssjuka	50
	För visdom.....	50
	Mot ovänner	50
	Framgång i frieri.....	50
	Vid födsel	50
	Eldbön	50
	För att inte bli kastad av häst.....	51
	För att ett par ska bli ovänner.....	51
	För vinst.....	51
	Klädtvätt	51
	Smärta.....	51
	Svullnad, gikt, inflammation utan sår	51
	Mot varg	51
	För att drömma om vem du ska gifta dig med	52
Runes		53
Futhark.....		55
Galdr		63
Aron's shield		65
Wish-galdr.....		66
Sign of life.....		67
Protection against curses etc.		68
Protection against what moves around you.....		69
Thor's hammer		70
For good fishing		71
Draugstafur.....		72
King Solomon's seal		73
Markus' seal		74
KayaM's seal.....		75
Sæmund the learned/good's lucky knot.....		76
Against an enemy		77
Opens locks		78
Aron's broom		79
The troll-staff kvennagaldur.....		81
Uncover a thief.....		82
Enchant a woman		83
Amulet for wealth.....		84
To win love.....		85
Against suffering and danger		85
Rotas-cross		86
The big dream sign.....		87
Oracle.....		89
URUZ.....		91



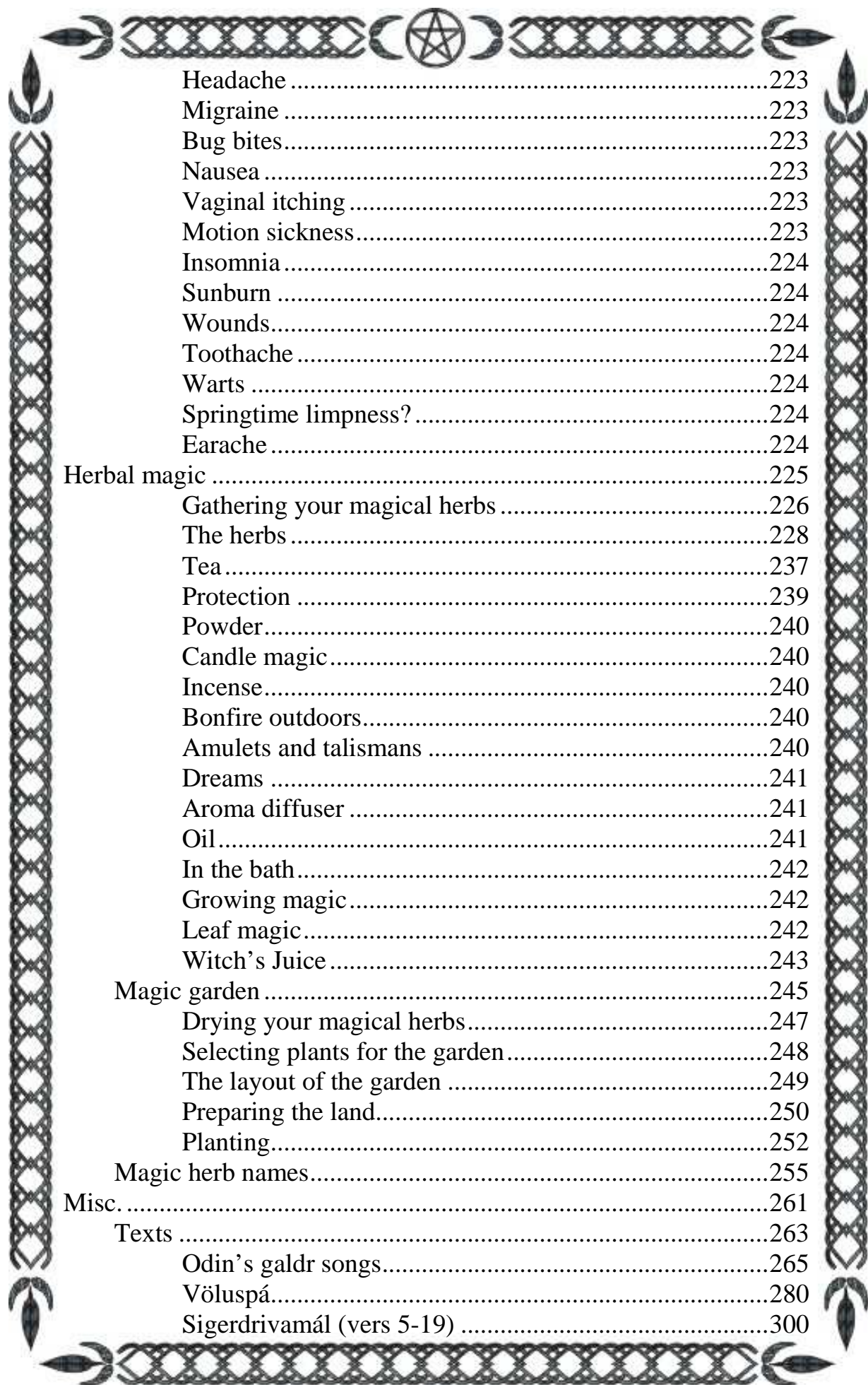
THURISAZ	92
ANSUZ.....	94
RAIDHO	95
KENAZ	96
GEBO	97
WUNJO.....	99
HAGALAZ.....	100
NAUTHIZ.....	101
ISA.....	103
JERA	104
PERTHRO.....	106
EIHWAZ	107
ALGIZ.....	108
SOWILO	110
TIWAZ.....	111
BERKANO.....	113
EHWAZ	114
MANNAZ	115
LAGUZ	116
INGWAZ.....	118
OTHALA	119
DAGAZ.....	121
FEHU	122
Using runes	123
Cleansing.....	125
Methods for using runes.....	125
A single rune	126
Three runes.....	126
Potions.....	129
Water of Life	131
Healing	131
Strength	131
Make an enemy move	131
Potion to ease a broken heart	131
Herbal sachet for protection from negative energies	132
Getting a job.....	133
Witch Bottles.....	133
Anti-theft sachet.....	158
Peaceful home	158
Flying ointment I.....	158
Flying ointment II	160
Spiritual strength	160



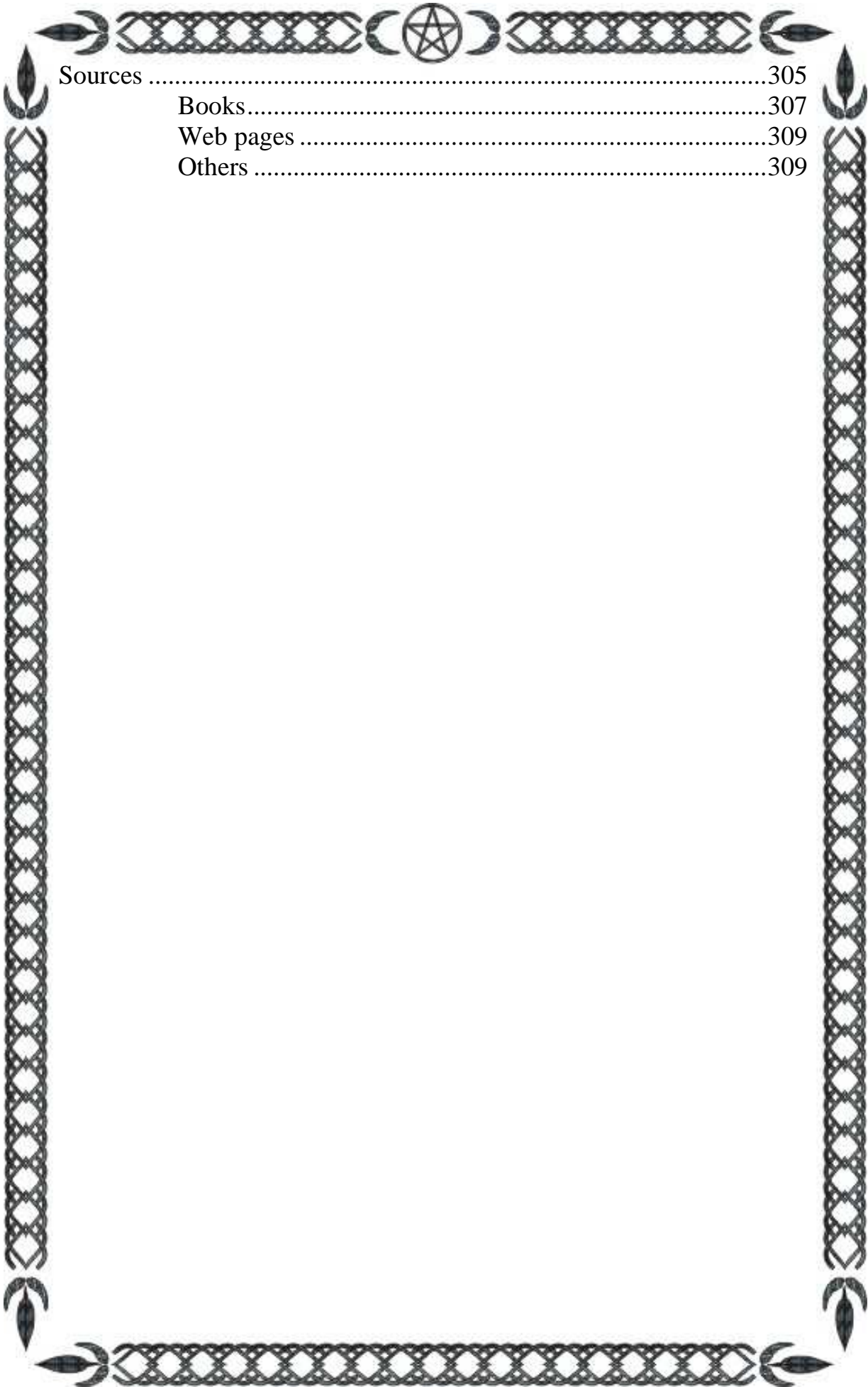
To stop someone who's being unfaithful.....	160
Dream of the future	161
Love Potions.....	162
Magic Tea.....	164
Poppet Magic.....	165
Cloth poppets.....	167
Paper poppets	167
Root or wood poppets	168
Clay poppets.....	168
Mr. Potato Head	168
Consecrating the poppet.....	168
Poppet care	169
Poppet disposal.....	169
A poppet spell.....	169
To bind an enemy	170
Poppet against a malicious person	170
Poppet healing.....	170
Poppet to stop gossip.....	172
Banishing spell to stop harm.....	172
Banishing spell.....	176
Protection poppet.....	178
Love poppets to return and keep your lost love.....	180
Binding.....	181
Amulets	185
For the house	187
For the door	187
For happiness.....	188
Crisis handling.....	188
Wish amulets	188
Protection	188
Other.....	189
Knot Magic.....	191
Intro	192
The cords	193
The knots	194
Store power	197
A simple knot spell.....	204
A destructive knot spell.....	204
Binding.....	205
To find love	205
To bind love	205
For healing.....	205



Another for healing	205
A protective binding.....	206
An Egyptian knot amulet	206
To help and cure all.....	206
A wishing ladder	206
Knot magic to heal	207
Binding – a warning!.....	207
To bind	207
Amulet for protection.....	208
Knot spell	209
Old Woman’s remedies	211
Prickling in the legs.....	212
Galls (skin sore caused by chafing)	212
Burns	212
When you’ve gotten burnt in the sun.....	212
Throat infection.....	212
Onion wrap for ear infection.....	212
Ginger for earache.....	213
Headache	213
Stomach problems	213
Kids in diapers.....	213
If you've burnt your self on a nettle	214
Lemon wrap for a sore throat.....	214
Hangover	214
Clogged nose	214
Breast-feeding	214
Pollen allergy.....	215
Sinus infection.....	215
Anemia	215
Blood circulation.....	215
Blood pressure - high	216
Soothing	216
Diaper rash	216
Cystorrhea	217
Nettle itch	218
Cellulite	218
Bad breath	218
Diarrhea.....	218
Eczema	219
Colds.....	219
Hoarseness.....	222
Hick-ups	223



Headache	223
Migraine	223
Bug bites.....	223
Nausea	223
Vaginal itching	223
Motion sickness.....	223
Insomnia.....	224
Sunburn	224
Wounds.....	224
Toothache	224
Warts	224
Springtime limpness?	224
Earache	224
Herbal magic	225
Gathering your magical herbs	226
The herbs	228
Tea.....	237
Protection	239
Powder.....	240
Candle magic.....	240
Incense.....	240
Bonfire outdoors.....	240
Amulets and talismans	240
Dreams	241
Aroma diffuser	241
Oil.....	241
In the bath.....	242
Growing magic.....	242
Leaf magic.....	242
Witch's Juice	243
Magic garden	245
Drying your magical herbs.....	247
Selecting plants for the garden.....	248
The layout of the garden	249
Preparing the land.....	250
Planting.....	252
Magic herb names.....	255
Misc.....	261
Texts	263
Odin's galdr songs.....	265
Völuspá.....	280
Sigerdrivamál (vers 5-19)	300



Sources305

 Books.....307

 Web pages309

 Others309